

Live in reality and adjust to different situations.

Life can be defined as a long theatre *pièce* in which events unfold and in which we are the main protagonists. The drawback is that we are not its scriptwriters and directors. This means that the reality that manifests itself is a constellation of unexpected and unforeseen occurrences over which we apparently have no power.

In every area of life, therefore, it is crucial to be able to understand the context one is living in and interpret it properly in order to be able to respond actively to the needs that arise. Reality has to be perceived for its being multifaceted; that is why it demands that each one of us adapt and bring out the best in each situation. As a matter of fact, every situation is different and requires a malleability of the individual.

In the professional as well as in the personal sphere, being versatile and reacting in the right way is the key to success and to overcoming any obstacle placed in front of us.

But how can this be achieved, you say? The answer is simple: understand that reality is a mirror reflection of oneself. After all, we too are polyhedral, we just have to figure out what piece we can offer to complete the puzzle in front of us. This means that some aspects of our being may be weaker than others, as a 6-sided die is composed of both a face of value 6 and a face of value 1. The same applies to everyday life: great days follow bad days and vice versa. If each face corresponds to one of our skills or character traits, each situation demands that we respond by pulling out the right number.

There is just one small problem: many people think they only have faces of value 6, they are not aware or do not want to admit to themselves that they also have negative angles, weaknesses: metaphorically speaking, faces of lesser value.

That is why it is of utmost importance to work on gaining full awareness of one's strengths and weaknesses, to have full control over oneself and to understand how best to shape oneself in relation to the context one is approaching. Do not be frightened if you initially think you are not good enough for certain things: not everything is within our competence. Being aware of one's limits is the starting point for understanding how to behave when our shortcomings need to be remedied.

Confronting this aspect of reality brings our flaws to the surface: this epiphany must be embraced. One must not try to escape the tunnel in an attempt to reach the light at the end of it: the darkness must be accepted, comprehended, so that one can understand one's imperfections and use them as an added value. That light is the goal, the completion of this long, gloomy journey that leads to self-discovery and self-acceptance.

Know who you are and exploit every part of yourself (which you can only know after reflecting on and accepting your peculiar traits, both good and bad) according to the situation that life puts before you.